# Frequently Asked Questions – Tobacco-Free Policy at Drake University

#### What is considered a tobacco or tobacco-like product?

Examples include but are not limited to cigarettes, electronic cigarettes, cigars, chewing tobacco, snuff, pipes, and snus.

#### What university areas are affected?

The tobacco ban applies to the entire university, including buildings and outdoor areas, parking lots, athletics facilities and university vehicles.

# If I see people smoking or using other tobacco or tobacco-like products on the sidewalks near campus, are they violating this policy?

Some areas adjacent to campus are city property and, therefore, are not subject to the prohibitions of this policy. However, individuals who use sidewalks adjacent to campus to smoke or use other tobacco or tobacco-like products are expected to be courteous of campus visitors or community members who use these same areas.

#### Who is going to enforce the law and this policy?

The law designates the Iowa Department of Public Health as responsible for enforcement. Compliance at Drake University will be coordinated by various campus departments, including Human Resources, Residence Life and Security.

## What should I do if I see someone smoking or using other tobacco or tobacco-like products on campus?

If you see someone smoking or using other tobacco or a tobacco-like products in a location other than a public sidewalk or street you may approach them and politely inform them of our tobacco-free policy. Human Resources has business card size reminders about the law that are useful for this purpose. If the individual is uncooperative, you may contact the senior administrator in your area or Human Resources for guidance.

#### What types of tobacco cessation programs are available?

Employees may visit with their primary care physician, as most smoking cessation prescription drugs are covered under the Drake University Point of Service Health Plan. (See the Plan Document for additional co-pay and coverage information). For additional support, employees may confer with Drake University's Assistant Director, Wellness & Engagement or Employee and Family Resources (515-244-6090). Students may visit with a health professional in the Student Health Center or Counseling Center about tobacco cessation options. In addition, the following resources are available:

Quitline Iowa www.quitlineiowa.org 1-800-Quit-Now (1-800-784-8669)

Quitline Iowa offers FREE tobacco cessation programs, including telephonic and on-line counseling and programming.

American Cancer Society www.cancer.org

8364 Hickman Rd., Ste. D Des Moines, IA 50325 515-253-0147

American Lung Association of Iowa www.lungusa.org 5601 Douglas Ave. Des Moines, IA 50310 515-278-586

National Cancer Institute www.cancer.gove 1-877-44U- QUIT (1-877-448-7848)

#### Where can I find a copy of the law and administrative rules?

The Iowa Department of Public Health has provided a link to the law at the Smokefree Air Act Web site, www.IowaSmokefreeAir.gov.

#### Is tobacco use allowed in Drake Real Estate properties?

The tobacco ban extends to all Drake Real Estate properties.

### Are there designated smoking or other tobacco or tobacco-like product use areas anywhere on campus?

No. Smoking and using other tobacco or tobacco-like products is prohibited on all campus grounds, including inside vehicles parked on campus. In order to comply with the law and Drake policy, employees, students and visitors cannot smoke or use other tobacco or tobacco-like products on campus. For those who do leave campus to smoke or use other tobacco or tobacco-like products, it is important to be respectful of residents and businesses in the Drake neighborhood.

### If employees leave campus to smoke or use other tobacco or tobacco-like products, do they have additional time for smoking/tobacco breaks?

No. Should they choose to do so, employees may use their allotted work breaks to travel offcampus to smoke or use other tobacco or tobacco-like products. However, employees will not be given additional paid time off for this.